**Spiritual Direction and Accompaniment - Consent Form**

I offer a process of one-on-one accompaniment that unfolds through spiritual listening, presence, and reflection with attention to what is meaningful, sacred, and transcendent to my clients. The accompaniment of individuals along their life’s journey through spiritual listening is an ancient and reflective practice that spans the wisdom traditions.

# Sessions & Fee

Sessions will be online and last 45-60 minutes unless agreed upon separately and generally will be held once a month. Package /Rate Agreed: **Three (free) sessions during the month of February to May.**

# Cancellations

I request a minimum of 24-hour notice to cancel an appointment. However, I recognize that emergencies do happen, and am able to be flexible.

# Confidentiality

I as a spiritual director will hold the details of our sessions respectfully and in strict confidence except under the following circumstances:

1. You sign a written release indicating informed consent to such breaking of confidence for a specific purpose related to our work together.
2. You express serious intent to harm yourself or someone else.
3. You disclose a situation in which there is reasonable suspicion of current abuse against a minor child, elderly person, or dependent adult.

# Mental Health Needs & Supports

It is important to note that we do not offer mental health counseling services. At times, your spiritual director and you may discern together based on your conversations that other support services would be beneficial to you as a complement to or replacement of our spiritual accompaniment work. We encourage you to disclose to your spiritual director if you are receiving mental health services so that they understand the other supports you are receiving.

# Agreement

We have reviewed the details included on this information sheet and both parties agree to and understand the services that will be provided.

Spiritual Director Signature: Date:

Client Signature: Date:

# Emergency Contact

Please provide us with an emergency contact number, which will be used ONLY in the event of an emergency.

Emergency Contact Name: Emergency Contact Phone:

Relationship: